

Glenora connector

This short ride connects the Glenora Staging Area on the Trans Canada Trail to downtown Duncan with its shops and restaurants. Along the way it passes a small store and turnoffs to several wineries. It is a pleasant ride through rolling countryside although there are no bicycle lanes and the roads are sometimes busy. If you're on the trail and you need provisions, this is the turn to take. There are two routes between Glenora and Duncan, only one between Glenora and the Trans Canada Trail.

DUNCAN - GLENORA VIA GLENORA ROAD

- 0.0 km (8.2 km) West end of the "white bridge" (which is actually silver) across the Cowichan River at the Allenby Road exit from Duncan. There are three roads, both the right and centre roads go to Glenora, and both begin with steep hills. This route takes the middle road, Miller Road, which begins with a steep, dangerous hill.
- 0.3 km (7.9 km) End of steep hill.
- 1.1 km (7.1 km) Right on Eagle Heights Road, quiet and relatively safe.
- 1.4 km (6.8 km) Right on Glenora Road
- 1.7 km (6.5 km) Sh-hwuykwselu (Busy Place Creek) and Cowichan Tribes's Quw'utsun Smuneem Elementary School, The lower section of this creek has been rehabilitated by the streamkeepers group at Koksilah Elementary School.
- 3.4 km (4.8 km) Sunflower Inn Bed and Breakfast
- 4.4 km (3.8 km) 4-way stop. Here you will find the Glenora Store and Glenora Corners Cafe. Left on Marshall Road to Godfrey Brownell Winery and Vigneti Zanatta Winery. Straight ahead on Glenora Road to the Echo Valley Winery.

DUNCAN - GLENORA VIA INDIAN ROAD

- 0.0 km (7.3 km) West end of the "white bridge" (which is actually silver) across the Cowichan River at the Allenby Road exit from Duncan. There are three roads, both the right and centre roads go to Glenora, and both begin with steep hills. Here's what happens if we take the right hand road, Indian Road, which begins with a steep hill.
- 3.5 km (3.8 km) 4-way stop. Here you will find the Glenora Store and Glenora Corners Cafe. Left on Marshall Road to Godfrey Brownell Winery and Vigneti Zanatta Winery. Straight ahead on Glenora Road to Echo Valley Winery.

GLENORA TO TRANS CANADA TRAIL AKA COWICHAN VALLEY TRAIL

- 0.0 km (3.8 km) Glenora Store. Straight ahead on Glenora Road
- 0.8 km (3.0 km) Bear right on Vaux Road which becomes Robertson Road
- 2.6 km (1.2 km) Jeffries Road. Right to Cowichan River Lodge.
- 3.3 km (0.5 km) Fork. Staging area to the left, Holt Creek trail straight ahead. Either way will get to the Trans Canada Trail.
- 3.8 km (0.0 km) Trans Canada Trail. Washrooms.