

Guidelines for contributing to NatureCowichan.net bicycle routes

Format: Mostly, just imitate the trip descriptions that you find at www.naturecowichan.net/bike.html. The most important thing is to clearly identify hazards, turns, and choice points. We are especially interested in hidden treasures and natural and cultural attractions along your route or accessible via a short detour. Use all the adjectives you want about natural features but try to be noncommittal about businesses. Sign your name and the date you rode the trail. Contribute up to 4 pictures (photographs or drawings) of features along the route.

Distances: If you have an odometer on your bike, include distances to the nearest 0.1 km. If you do not have an odometer, don't despair. Just describe turns and locations clearly enough to find on a google map and we can then get the distances that way.

Here are a few definitions, so there is a degree of standardization:

Types of rides:

- Loops. Duh, rides that go in a loop.
- Spurs. Trips that go there and back again.
- Routes. Trip from one place to another. Many times, a trip might be a route or a loop. It's up to you.
- Connectors. Rides to the beginning of loops, spurs, and routes.

Safety: Our primary concern

- Peaceful. Off-road rides with few hazards and no traffic, such as the Cowichan Valley Trail.
- Safe. Rides where you would feel OK riding with a group of children.
 - ① Quiet suburban or country roads with light traffic.
 - ① Roads with moderate to heavy traffic with a bike lane at least 2 metres wide
- Hazardous.
 - ① Moderate traffic with no bike lane
 - ① Heavy traffic with a narrow bike lane
 - ① roads with special dangers.

Send your completed journey with any pictures to bike@naturecowichan.net

We will make your map and format your description.

Questions? Email bike@naturecowichan.net